

Elders Program

The Health and Social Development Department provides home-based support services in Teslin for Elders and others in need. The program assists individuals to carry-on living comfortably in their own homes, and provides relief to family members.

Regular visits are made to Elders' homes to help with light duty cleaning, errands (mail/store). Maintenance work is available through the Elders Program, administered by the Capital and Infrastructure Department.

All clients need to have a home safety assessment done by a home support worker and occupational therapist before services will be provided.

How to Get Involved: Visit the Health and Social Department or contact the Home Support Worker at 867-390-2532 ext 385.

The Capital and Infrastructure Department provides essential services to Teslin Tlingit Elders aged 65 and over. TTC citizens under the age of 65 with a doctor's letter stating a disability or other conditions, may also receive services.

Services include:

- Snow ploughing – as required
- Chimney cleaning – twice a year
- Water tank cleaning – once a year
- Emergency repairs – as required

To request services, please contact the Property Maintenance Officer at 867-390-2532 ext. 394

Meals On Wheels

The Meals on Wheels program supports the healthy nutritional development of citizens in need by delivering healthy cooked meals or providing assistance with grocery shopping and cooking. The program is available for Elders, individuals with disabilities, expectant or new mothers, and others as needed.

The Meals on Wheels Coordinator works closely with the Family Caseworker to ensure nutritional needs are met. Cooking lessons, recipe advice and the delivery of food staples can be provided.

How to Get Involved: Visit the Health and Social Department for more information, or contact the Meals on Wheels Coordinator at 867-390-2532 ext. 387