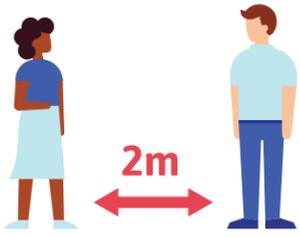


# 6 Steps to Staying Safe



1

Physical distancing – keep 2 metres away from everyone who's not a member of your household



2

Wash your hands frequently with soap and water, or use hand sanitizer with at least 60% alcohol



3

Stay home if you're feeling sick



4

Don't gather in groups of 11 or more people and remember to keep 2 metres apart



5

Avoid unnecessary travel to our rural communities



6

Self-isolate if you've just returned to the territory or if you've been in contact with someone diagnosed with COVID-19